

50 pounds lost—now she's a "billboard" for Herbalife.

A former "carboholic"

Before starting the Thermojetics® High-Protein, Low-Carb Weight-Management Program, Laurie Ressler weighed just shy of 200 pounds and had trouble managing her blood-sugar levels. "I even ended up in the emergency room, thinking I was having a heart attack," Laurie recalls. The weight she was carrying also made Laurie tired all the time—so tired, she was in bed by 8:30 each night.

Wake-up call for weight loss

A friend was doing a master's thesis on high-protein, low-carbohydrate weight-loss programs, and suggested Laurie try Herbalife. "Within 48 hours, I noticed my appetite levels were finally under control," says Laurie. "And my energy level was awesome! I've gone from a size 16 down to a very comfortable size 6."

A walking advertisement for weight loss

Laurie's not shy about letting people know how Herbalife has impacted her life. "I'm a walking billboard!" proclaims Laurie. "It's made the biggest difference in my self-esteem and self-confidence. I love Herbalife!"



(Above) Laurie before:
191 pounds.

(Right) Laurie after:
141 pounds.