

205 Pounds Lost



John after: 165 pounds
Charlotte after: 140 pounds

A family weight problem

Charlotte Lawson struggled with excess weight from her earliest years. She remembers the humiliation of always being the heaviest child in her class. Her husband, John, also had a weight problem, and suffered from debilitating back pain as a result of his excess pounds. When their daughter, Jillene, lost a modeling contract at the age of 18 because her face was too plump, a friend introduced her to Herbalife.

Doubt turns to faith

"Years of trying to lose weight had convinced me that diets didn't work," says Charlotte. "Every time I heard my daughter blending her shake in the morning I got annoyed and felt she was being taken advantage of." But when Jillene began to lose weight, her parents soon followed their daughter's lead and began to use the products, too.

A shared weight-loss triumph

Charlotte went from a size 24 to a size 10, and John dropped from a pant size 38 to a size 33. Says Charlotte, "I love the fact that Herbalife rewards you for losing weight and taking care of yourself. Now I'm changing other peoples' lives too and it feels great."*



John before: 225 pounds
Charlotte before: 285 pounds