MARCO MERCIER

"Herbalife gave me energy!"

158 Pounds Lost

An adolescent weight issue

Marco Mercier's struggle with excess weight began as a teenager. "As the years went by I became heavier and heavier. The more weight I gained, the worse my health became," recalls Marco.

His life in the balance

"In September of 1999 I was declared 'morbidly obese' and physically handicapped as a result," confesses Marco. "My weight tipped the scales at 371 pounds. I knew that losing weight had become a matter of life or death."

Dramatic results

In August 2000 Marco met an Herbalife Distributor. "I began an Herbalife weight-management program and began to lose weight steadily. Within weeks I had lost a considerable amount of weight," remembers Marco.

A life worth living

Today Marco feels great and brimming with energy. He has lost more than 40 percent of his original weight and has reclaimed a healthier and more productive life thanks to Herbalife.*

Fit Facts

Food diary: Thermojetics® Formula 1 Protein Drink Mix twice a day. A chicken salad for dinner. Thermojetics® High-Protein, Low-Carb Chocolate Fudge bars for snacks and Thermojetics® Herbal Concentrate mixed with half apple juice, half water to drink.

Key motivator: "My doctor called me morbidly obese."

Best diet tip: "Take your weight loss seriously and do it for yourself not for others."

Favorite "thin n' fit" activity: "Roller blading and horseback riding."

Marco before: 371 pounds
Marco after: 213 pounds

*The weight-loss testimonials presented are applicable to the individuals depicted and are not a guarantee of your weight loss nor are they typical.