

Stop those carbohydrate cravings now.

Ever dwell on foods you simply can't eat while you're dieting? As you try to maintain your dietary discipline and watch those pounds and inches melt away, it's hard not to fantasize about...pasta! Pizza! Garlic bread! Seems like all the forbidden foods are their most tantalizing when you are trying to lose or maintain weight.

You can help reduce those carbohydrate cravings now with the help of CarboGuard®.* It's a powerful fiber and herbal supplement featuring ingredients that work together to help lessen those yearnings for carbohydrate-rich foods.* With CarboGuard®, you gain that extra measure of confidence you need to resist the temptations of carbohydrates.*

One of the reasons CarboGuard® is so effective is that it includes the micronutrients chromium and vanadium. Chromium is an essential trace mineral that promotes the natural regulation of sugar in your body. If there is a deficiency, your body is forced to work harder at regulating blood-sugar balance—and this is what causes sugar cravings. CarboGuard® helps counter this by providing your system with more chromium.*

A similar dynamic is at work with vanadium. Studies suggest that this trace mineral has a positive effect on the normalization of blood-sugar levels.* (In fact, it is recommended that diabetics consume small amounts of both vanadium and chromium.)

So, stay on target with your weight-loss goals. With CarboGuard®, you won't find yourself tempted by those needless—and potentially dangerous—fantasies about an extra-large pizza with double cheese and pepperoni.

Discussion Points

- **Chromium and vanadium aid in the fight against cravings:** These micronutrients have been demonstrated to help regulate blood-sugar levels. When your blood-sugar level is thrown off balance, sugar cravings result—which makes a person susceptible to the temptation to snack.*
- **Maintaining control over your sugar and carbohydrate cravings bolsters your confidence:** Dieting involves a certain measure of will power—and not everyone is sure he or she can maintain the necessary discipline for weight loss. CarboGuard®, with its ability to help balance blood-sugar levels, helps dieters maintain that crucial focus in order to stay on track with their weight-loss goals.*

Did you know?

Hunger is essentially the result of an imbalance in blood-sugar levels. It has been demonstrated that even if a person has a full stomach, off-balance blood-sugar levels will leave him or her craving more food—and usually, the “worst” kind of food (i.e., with a lot of sugar, starch and carbohydrates). Let CarboGuard® be your primary defense against blood sugar imbalance.

Fast Facts

- A micronutrient fiber and herbal supplement that can reduce your cravings for carbohydrates.*
- Contains the micronutrients chromium and vanadium.
- Contains beet fiber and rice bran.
- Fiber is known to slow carbohydrate absorption.*



SUPPLEMENT FACTS

Serving Size: One (1) tablet
Servings per container: 90

	Amount per Serving	% Daily Value**
Total Carbohydrate	<1 g	<1%
Dietary Fiber	0.5 g	2%
Calcium (as calcium carbonate and tribasic calcium phosphate)	152 mg	15%
Chromium (as chromium polynicotinate)	10 mcg	8%
Sodium	50 mg	2%
Vanadium (as vanadyl sulfate)	5 mcg	†
Beet Fiber (root)	150 mg	†
Rice (grain)	150 mg	†
Milk Thistle (fruit)	75 mg	†
Suma Powder (root)	50 mg	†
Gymnema sylvestre (leaves)	50 mg	†
Kudzu Powder (root)	25 mg	†

** Percent Daily Values are based on a 2,000-calorie diet.

† Daily Value not established.

Other Ingredients: Croscarmellose Sodium, Microcrystalline Cellulose, Betaine Hydrochloride, Hydroxypropyl Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Ethylcellulose, and Methylcellulose

Suggested Serving: Take one tablet three times per day with meals as a dietary supplement. Recommended for use in conjunction with other Thermojetics® dietary products.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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