

# Best Defense™

EFFERVESCENT DRINK THAT BOOSTS YOUR IMMUNITY\*

## ACTIVATE YOUR DEFENSES.

Herbalife's Best Defense™ is an effervescent drink<sup>1</sup> that strengthens and supports your body's immune system.\*

## BENEFITS:

- Robust, standardized source of immune-boosting echinacea.\*
- 1,000 mg Vitamin C, a powerful antioxidant.
- 25 mg zinc sulfate to stimulate your cellular immune defense.\*<sup>2</sup>
- Take 1 to 2 times daily when you start to feel under the weather.
- Convenient and portable for on-the-go use.

Enjoy two natural flavors—refreshing Orange Boost and soothing Citrus Mint. Great hot or cold.

## FAST FACTS:

Factors that impair the immune system include:

- Stress
- Nutrient deficiencies
- Contaminated air, water and food
- Unhealthy lifestyles and unhealthy habits

## DID YOU KNOW?

Standardized echinacea is superior because:

- A consistent amount of active immune-boosting compounds are contained in each serving.
- You are assured of getting the same potency every time you use it.

## USAGE:

Use Best Defense™ tablets to boost your immune system\*:

- As soon as you begin to feel under the weather.
- Before entering crowded environments or an airplane.
- When you feel stressed.



## Orange Boost SUPPLEMENT FACTS

Serving Size: 1 Tablet (4.5 g)  
Servings: 10

Amount Per Serving	Tablet	%DV**
Calories	5	
<b>Total Fat</b> 3 g		5%
Saturated Fat 0.5 g		3%
Trans Fat 0 g		
<b>Cholesterol</b> 0 mg		0%
<b>Sodium</b> 105 mg		4%
<b>Potassium</b> 120 mg		3%
<b>Total Carbohydrate</b> 3 g		1%
Vitamin C (as Ascorbic Acid) 1000 mg		1667%
Zinc (as Zinc Sulfate) 7.5 mg		50%
Herbal Blend		350%

*Echinacea purpurea* extract (Aerial Parts and Root), *Echinacea augustifolia* extract (Root), Astragalus, Schizandra, Ginger, Maltodextrin

Percent Daily Values (DV) are based on a 2,000 Calorie Diet. \*\*DV not established.

Take as soon as you start to feel under the weather.

**Directions:** Drop one effervescent tablet in 8 ounces of water, let fully dissolve and drink. Enjoy in hot or cold water. Take up to 2 times a day as needed.

**Warning:** If you are pregnant or nursing, or if you have any medical condition or are taking any medicines, consult your physician beforehand. Keep out of the reach of children. Sealed with a tamper evident cap for your protection. People with asthma and progressive conditions such as tuberculosis, leukemia, collagen disorders, multiple sclerosis, AIDS, HIV infection and other autoimmune disease should consult with their physician before using Echinacea. Also, caution is advised for transplant patients taking immunosuppressive drugs. Keep in a cool dry place, tightly closed.

**Other Ingredients:** Citric Acid, Sodium Bicarbonate, Sorbitol, Potassium Bicarbonate, Natural Orange Honey Flavor, Sucralose, Polyethylene Glycol, Canola Oil and Beta Carotene.

#1502                      \$9.95                      VP 9.95

10 Tablets per tube.

<sup>1</sup> Best Defense™ is classified as a dietary supplement.

<sup>2</sup> Based on a recent clinical study.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Best Defense™

Citrus Mint

## SUPPLEMENT FACTS

Serving Size: 1 Tablet (4.5 g)

Servings: 10

Amount Per Serving	Tablet
Calories	5
	<b>%DV**</b>
<b>Total Fat</b> 3 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 105 mg	4%
<b>Potassium</b> 120 mg	3%
Total Carbohydrate 3 g	1%
Vitamin C (as Ascorbic Acid) 1000 mg	1667%
Zinc (as Zinc Sulfate) 7.5 mg	50%
Herbal Blend	350%

*Echinacea purpurea* extract (Aerial Parts and Root), *Echinacea augustifolia* extract (Root), Astragalus, Schizandra, Ginger, Maltodextrin

Percent Daily Values (DV) are based on a 2,000 Calorie Diet. \*\*DV not established.

Take as soon as you start to feel under the weather.

**Directions:** Drop one effervescent tablet in 8 ounces of water, let fully dissolve and drink. Enjoy in hot or cold water. Take up to 2 times a day as needed.

**Warning:** If you are pregnant or nursing, or if you have any medical condition or are taking any medicines, consult your physician beforehand. Keep out of the reach of children. Sealed with a tamper evident cap for your protection. People with asthma and progressive conditions such as tuberculosis, leukemia, collagen disorders, multiple sclerosis, AIDS, HIV infection and other autoimmune disease should consult with their physician before using echinacea. Also, caution is advised for transplant patients taking immunosuppressive drugs. Keep in a cool dry place, tightly closed.

**Other Ingredients:** Citric Acid, Sorbitol, Sodium Bicarbonate, Potassium Bicarbonate, Natural Citrus Mint Flavor, Sucralose, Polyethylene Glycol and Canola Oil.

#1503                      \$9.95                      VP 9.95

10 Tablets per tube.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.