

Extreme C

Take it and thrive!

In today's fast-paced world, how can we be sure we're eating enough fruits and vegetables rich in Vitamin C and antioxidants to maintain healthy nutrition? In fact, the stress that often accompanies a hectic lifestyle can also rob a body's supply of antioxidants. Health experts agree that without antioxidants, our bodies may be more susceptible to dozens of ailments, such as cancer, lung injury and improper functioning of the nervous and immune system.

We hear a lot these days about the importance of antioxidant vitamins, including Vitamin C. Whether we like it or not, our bodies are assaulted every day by chemicals and environmental pollutants, including tobacco smoke, air pollution, radiation, herbicides and such toxic chemicals as polyunsaturated and contaminated fats. Known for causing cellular damage and adding to the aging process, scientists call them "free radicals."

Herbalife's Extreme C is a dietary Vitamin C supplement with fruit extracts rich in antioxidants to help fight the harmful effects of free radicals. Vitamin C is coveted for its many benefits, including a contribution to healthy bones, teeth, blood vessels and the production of collagen.* Extreme C goes the "extra mile" with its exclusive botanical complex that contains citrus and kiwi bioflavonoids, which help restore Vitamin C and are essential for the absorption of ascorbic acid.*

Discussion Points

- **Helps your body protect itself:** The natural herbal antioxidants in Extreme C work together with the Vitamin C to help neutralize the "free radicals" that bombard our bodies every day.*
- **Strengthens collagen:** Extreme C helps keep Vitamin C in the body and strengthen collagen tissues in the skin and joints.*
- **Take it every day:** Because the body cannot manufacture or reserve water-soluble Vitamin C, Extreme C should be taken daily.

Did You Know?

Probably no other nutritional supplement has been studied and written about more than Vitamin C. The majority of these scientific papers make it clear that most bodily processes (from the common cold to cancer) are influenced by Vitamin C.

Fast Facts

- Contains Vitamin C, which is necessary for collagen formation.
- Made with an exclusive botanical complex that acts as a free-radical scavenger.
- Formulated with a mixture of fruit extracts rich in antioxidants.
- Contains citrus and kiwi bioflavonoids to help maintain the absorption of ascorbic acid.*
- Easy-to-swallow tablets.
- Can be used in conjunction with Herbalife's entire line of nutritional products.



SUPPLEMENT FACTS

Serving Size: 1 tablet
Servings Per Container: 60

	Amount Per Serving	% Daily Value**
Vitamin C	500 mg	833%
Calcium	53 mg	5%
Kiwi Fruit Extract (10%)	100 mg	†
Citrus Bioflavonoids Complex	50 mg	†
Herbalife Antioxidant Complex	25 mg	†
(Red grape extract (seed, skin and leaf), Pine extract (bark), Bilberry extract (fruit), Rhododendron caucasicum (root))		

**Percent Daily Values are based on a 2,000-calorie diet.
†Daily Value not established.

Other Ingredients:

Microcrystalline Cellulose, Croscarmellose Sodium, Silica, Magnesium Stearate, Stearic Acid and Pharmaceutical Glaze.

Suggested Serving:

Take one tablet up to two times per day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Ordering Details:

60 tablets per bottle

#3015 (case of 12)

#0171 (HAP or unit) \$7.00