

Thermojetics® High-Protein, Low-Carb Weight-Management Program: Frozen Dessert Treat Mix

Half the Calories, One-Third the Carbohydrates and Double the Taste!

Who says you can't enjoy the rich-tasting goodness of a frozen dessert when you're on a diet? Now you can with the Thermojetics® High-Protein, Low-Carb Weight-Management Program!

Introducing the Thermojetics® High-Protein, Low-Carb Frozen Dessert Treat Mix. It's a delicious, creamy dessert treat that tastes so good you'll feel like you're cheating on your diet—but you're not! At only 140 calories and seven grams of carbohydrates** per serving, this creamy dessert is specially formulated for use with the Thermojetics® High-Protein Low-Carb Weight-Management Program. And with only half the calories and one-third the carbohydrates of ice cream, it's a dieter's dream.

The Thermojetics® High-Protein, Low-Carb Frozen Dessert Treat Mix makes a delicious, one-of-a-kind after-meal experience or a satisfying snack any time of the day.

Just add water and cream, and enjoy the taste of a real dessert! Available in French Vanilla.

Discussion Points

- **Can be made in four easy ways!** This great-tasting frozen-dessert treat can be made with a blender, a single-blade hand-held mixer, ice-cream or frozen-yogurt makers or by hand mixing. All you need to add is water and heavy cream! It's that simple!
- **One container makes a lot of desserts:** Each container makes approximately one quart of rich and tasty French Vanilla-flavored frozen dessert.
- **For best results, freeze overnight:** After preparation, the Thermojetics® High-Protein, Low-Carb Frozen Dessert Treat Mix should be dissolved and possess a smooth and creamy consistency. Pour the liquid mixture back into the container and close the lid. Put the container in the freezer for at least six hours. For best results, freeze overnight. Then your Frozen Dessert Treat is ready to serve and enjoy!
- **Be creative:** This versatile dessert treat can change from vanilla to chocolate by adding a little cocoa powder. Use your imagination!

Did You Know?

A half-cup serving of vanilla ice cream is packed with up to 300 or more calories. Strawberry ice cream typically has 300 calories. And a typical ice-cream bar comes stuffed with anywhere from 150 to 250 calories. The Thermojetics® High-Protein, Low-Carb Frozen Dessert Treat is a great alternative at only 140 calories and 8 grams of protein.

** These carbohydrate grams are non-insulin-stimulating sugar alcohols.

Fast Facts

- A rich-tasting, creamy dessert treat for people on high-protein, low-carbohydrate diets.
- Contains only 140 calories and seven grams of carbohydrates per serving.
- Easy to prepare—hand blend it or use ice-cream or frozen-yogurt makers.
- Formulated from high-quality whey protein concentrate.
- Each container makes up to a quart.
- Add the Thermojetics® High-Protein, Low-Carb Drink Mix juices to produce Peach Mango, Wild Berry or Orange frozen desserts.



GA-177



NUTRITION INFORMATION

Serving Size: 1.5 Tablespoons (17 g)

Servings Per Container: 15

Amount Per Serving

	Mix	Prepared
Calories	70	140
Calories from Fat	9	70
	% Daily Value*	
Total Fat 1 g	1%	11%
Saturated Fat 0 g	0%	23%
Cholesterol 0 mg	0%	10%
Sodium 20 mg	1%	1%
Total Carbohydrate 7 g	2%	2%
Dietary Fiber 0 g	0%	0%
Sugars 2 g		
Sugar Alcohols 5 g		
Protein 8 g		
Vitamin A	0%	5%
Vitamin C	0%	0%
Calcium	2%	2%
Iron	0%	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients

Whey Protein Concentrate, Sorbitol, Calcium Caseinate, Whey, Guar Gum, Xanthan Gum, Maltodextrin, Carageenan, Natural and Artificial Flavors and Sucralose (non-nutritive sweetener).

Ordering Details:

Available in single units.
Net Weight 8.8 oz.

French Vanilla
#0046 (Unit or HAP) \$9.95