

An effective diet accelerator and mood enhancer.

To achieve your weight-loss goals, you need to be in the proper frame of mind. You need an overall sense of balance in your life. Attitude is crucial. To lose weight, it helps to feel great.

That's why Herbalife created MentaBalance®. It's a powerful amino acid and herbal supplement designed to help you feel balanced and satisfied.* With MentaBalance®, your body is receiving the amino-acid support needed for good health—and that all-important sense of balance.*

Why are amino acids so important? Quite simply, they form the building blocks of life: DNA and RNA. They build cells and repair tissue. They form antibodies and are a core component of the enzyme and hormonal systems. Further, amino acids that cannot be formed by the body on its own are known as essential.

MentaBalance® offers a key essential amino acid: phenylalanine. This important acid is used by the brain to produce norepinephrine, a chemical that transmits signals between nerve cells and the brain. This amino acid also helps to keep you alert and even reduces hunger pangs—all while serving as an antidepressant and memory enhancer.

To help you stay in the proper mental balance for weight control, look no further than MentaBalance®.

Discussion Points

- **It's easier than ever to achieve your fitness goals and improve your health with Herbalife's Weight-Loss Accelerators:** MentaBalance® is one of the key products in Herbalife's line of Weight-Loss Accelerators. The others include WaferFull Chewable Wafers (available in three delicious flavors), Chew Slim Gum and CarboGuard®.
- **MentaBalance® and other Herbalife Weight-Loss Accelerators help you break out of dieting deadlocks:** These great products are designed to help you shed pounds and stubborn inches safely and effectively, while providing the highest-quality nutrition available.*
- **MentaBalance® helps you avoid cheating and snacking:** With its ability to help you feel satisfied and full, you can be empowered enough to say "no" to dietary temptations such as calorie-rich snacks.*

Fast Facts

- Helps you feel balanced and satisfied.*
- An amino acid and herbal supplement.
- Helps improve protein utilization by the body when taken with a Formula 1 shake.*
- Use between meals in conjunction with Herbalife's full line of weight-management and nutritional products.



SUPPLEMENT FACTS

Serving Size: One (1) tablet
Servings per container: 60

	Amount per Serving	% Daily Value**
Calcium	171 mg	17%
Sodium	5 mg	<1%
L-Tyrosine	50 mg	†
DL-Phenylalanine	50 mg	†
L-Cysteine	25 mg	†
N-Acetyl Cysteine	15 mg	†
Dried Griffonia/Walnut Extract (a natural source of L-5-Hydroxytryptophan)	50 mg	†
Pumpkin (seed)	25 mg	†
Sunflower (seed)	25 mg	†
Gotu Kola (leaf and stem)	25 mg	†

** Percent Daily Values are based on a 2,000-calorie diet.

† Daily Value not established.

Other Ingredients: Hydroxypropyl Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Ethylcellulose, Methylcellulose.

Phenylketonurics: Contains Phenylalanine.

Suggested Serving: One tablet, not to exceed six tablets per day.

For Maximum Results: Use this product between meals with 4 fluid ounces of fruit juice. Use MentaBalance™ in conjunction with other Thermojetics® Weight-Management products.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ordering Details:

#0147 – \$15.95