

# Optimum Performance

## Dietary Supplement for Men

*A superior, well-rounded dietary supplement that can help improve workout performance, burn fat and enhance intimacy.\**

*Testosterone*, the so-called “male hormone,” is responsible for all traits masculine—from muscle tone to sexual performance to facial hair. According to the scientific literature, replenishing testosterone levels is a key to maintaining fitness, vitality and overall well-being in men. Herbalife has taken a balanced approach with Optimum Performance, a superior well-rounded product featuring natural testosterone precursors that can help men improve their workout performance.\* In the process, Optimum Performance can help to burn fat and enhance stamina during intimate moments.\* Simply take one or two capsules approximately two to three hours prior to your workout. For best results, continue this regimen for three weeks and then abstain from Optimum Performance for a week before continuing.

## Discussion Points

- **A safe and natural product that can help burn off excess fat:** Optimum Performance is a product that helps serious workout enthusiasts or bodybuilders avoid complications that plague some men. Optimum Performance is based on a sound philosophy and has met the rigorous requirements of Herbalife’s Medical Advisory Board.
- **A safe and natural way to improve intimate performance:** The herbs in Optimum Performance have a long and proven tradition of safe use, which have been shown to mildly enhance the libido.\* The best way to put it is this: Optimum Performance really works.

## Fast Facts

- Contains *Androstenediol-5*, a natural testosterone precursor that is converted to the male hormone two to four hours after ingestion.\*
- Also made with *Tribulus terrestris*, an Ayurvedic herb commonly known as “puncture vine,” which is thought to boost testosterone production by increasing the pituitary gland’s output of lutenizing hormone.
- Helps maintain a masculine edge with *Chrysin*, a plant isoflavone that inhibits the conversion of testosterone into estrogen.\*
- Helps increase the biosynthesis of testosterone production due to the presence of *Pregnenolone*, a hormone precursor.\*
- Can enhance intimate performance—includes *Muira puama*, a South American herb used by indigenous Rain Forest tribes for impotency, and *Epimedium*, an ancient Chinese herb taken for similar purposes.
- Further enhances intimacy via the Nitric Oxide precursor molecule *L-Arginine*.\*



## SUPPLEMENT FACTS

Serving Size: One tablet daily.  
Servings per container: 30 tablets

	Amount Per Serving	% Daily Value**
Calcium (as calcium carbonate)	111mg	†
L-Arginine	100mg	†
Dried <i>Epimedium sagittatum</i> Extract (plant) (5% flavonoids)	75mg	†
Dried <i>Lepidium meyenii</i> Extract (tuber)	50mg	†
Dried <i>Tribulus terrestris</i> Extract (seed)	50mg	†
Dried <i>Muira Puama</i> Extract (wood and root)	50mg	†
DHEA (Dehydroepiandrosterone)	30mg	†
Bio-Absorption Complex-5: Lecithin, Vitamin C (as ascorbyl palmitate), Plant Cellulose Enzyme, Cinnamon Powder (bark) and Dried Black Pepper Extract (fruit)	23mg	†
Androstenediol-5	20mg	†
Chrysin	15mg	†
Pregnenolone	10mg	†

\*\*Percent Daily Values are based on a 2,000-calorie diet.  
† Daily Value not established.

### Other Ingredients:

Cellulose, Croscarmellose Sodium, Silicon Dioxide, Acacia, Magnesium Stearate, Hydroxypropylmethylcellulose, Dextrose, Dextrin, Sodium Carboxymethylcellulose, Sodium Citrate.

### Recommended Use:

Take one tablet two to three hours prior to working out. Do not exceed two tablets per day. Suggested regimen: three weeks on, one week off.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

## Ordering Details:

30 tablets per bottle

#3085 (case of 6)

#0270 (HAP or unit) \$34.95

